

This home study course will give you practical knowledge and skills to assist you in effectively and efficiently eliminate pain and dysfunction using Applied Kinesiology methods.

You'll study with one of the leading experts in the field and revolutionize your practice using these powerful approaches.

Included in this twenty hour program are many techniques and protocols professionally filmed and edited using three cameras to clearly show you how each procedure is done.

This is ideal for anyone using muscle testing in their practice who wants to work smarter, not harder to get longer lasting results in shorter time.

#### **What You Will Learn On Each DVD:**

##### **DVD 1**

- ✓ The Role of Fasting & Elimination Diets
- ✓ Skin Brushing & Blood Test Indicators
- ✓ Muscle Testing Basics
- ✓ Pulse Synchronization
- ✓ Important Factors to Prevent Disease
- ✓ The Importance of Hydrochloric Acid
- ✓ Breast Feeding and Pasteurization

##### **DVD 2**

- ✓ Treating Arthritis
- ✓ Injury Recall Technique
- ✓ Mineral Tests for Arthritis
- ✓ Additional Tips for Arthritis
- ✓ Asthma
- ✓ Cancer
- ✓ Cancer Prevention

##### **DVD 3**

- ✓ Colds & Fevers
- ✓ Dehydration
- ✓ Depression & Anxiety
- ✓ Neurotransmitters & Sleeping Disorders
- ✓ Treating A-Fib Problems
- ✓ Questions & Answers
- ✓ Niacin
- ✓ Nutrition for Each Organ & Meridian
- ✓ Dental Problems

**Dr. Sheldon Deal** is both a naturopathic and chiropractic physician who collaborated with Dr. George Goodheart and other doctors to create the International College of Applied Kinesiology (ICAK). He is the past chairman of the ICAK and former president of their board of examiners.

For over 45 years, Dr. Deal has been in private practice at the Swan Clinic in Tucson, AZ, where he operates one of the largest natural healing centers in the Southwest. He has written the books *Advanced Kinesiology*, *New Life Through Nutrition*, *New Life Through Natural Methods* and *the Basic AK Workshop Manual*.

To find out about other courses in the Applied Kinesiology Shortcuts series go to [AKShortcuts.com](http://AKShortcuts.com) or call (310) 955-9914.

##### **DVD 4**

- ✓ Diabetes
- ✓ Headaches
- ✓ TMJ
- ✓ Heart & Circulation
- ✓ More tips for Heart and Blood Pressure
- ✓ Temporal Bulge
- ✓ Questions & Answers

##### **DVD 5**

- ✓ Hypoglycemia
- ✓ Physical Fitness
- ✓ Vital Energy
- ✓ 5 Energy Circuits
- ✓ Polarity in the Body
- ✓ Things that Help the Overall Body
- ✓ Abnormal Blood Levels
- ✓ Self Care Methods to Create Optimum Health
- ✓ Questions & Answers
- ✓ Tips for Successful Aging

##### **DVD 6**

- ✓ Data disk for additional items:
  - Audios mp3s of jokes
  - Audios mp3s of 5 webinars
  - PDFs of PowerPoints
  - Quizzes for each of the classes
  - Client record form to record your session results